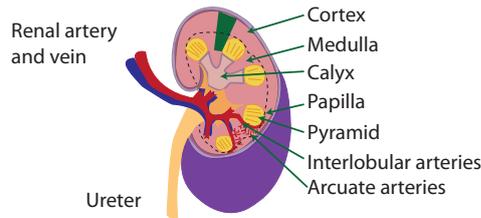
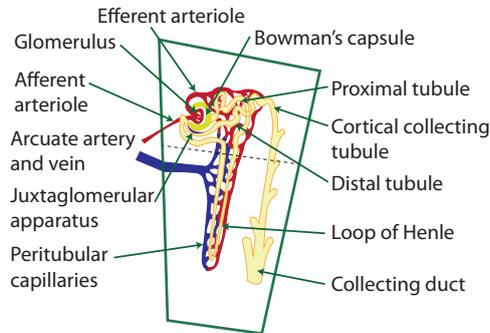


Second 2009
VIVA 3

This question is about the anatomy of the nephron and its blood supply. Please draw a picture of a nephron and label it.
This viva explored a candidates understanding of anatomy of the nephron, unique details of renal blood flow, macula densa, glomerular filtration rate and its determinants, generation of a concentrated urine.

“Please draw a picture of the nephron and label it”



“Describe the functional anatomy of the renal blood flow and how it is regulated”

consists of two capillary beds in series, as such it is a portal blood system
renal medulla blood supply is via the vasa recta which is important in setting up the counter current m.

intrinsically

demonstrates autoregulation

flow = change in pressure/resistance

when the pressure changes the kidney alters resistance via local myogenic mechanisms

maintains a relatively stable flow between 60 -160mmHg MAP

is under local metabolic control

via tubuloglomerular feedback

the macula densa cells sense a decrease in sodium delivery, release adenosine

efferent arteriolar constriction occurs which increases GFR and decreases renal blood flow

extrinsically

is under systemic hormonal control via the RAAS

is under sympathetic control via the afferent and efferent arteriolar tone

“What is the glomerular filtration rate?”

Glomerular filtration rate is a measure of the amount of plasma filtered at the glomerulus per unit time

Normal daily filtration is 180L/day (20% of renal blood flow - the filtration fraction)

is a product of the filtration co-efficient and the net starling forces.

the filtration coefficient is a marker of permeability glomerular permeability

net starling forces are a balance between

hydrostatic pressure which is elevated due to the cappillary beds in series

oncotic pressure which is almost zero in bowmans capsule due to the lack of filtered protiens.

“Define renal clearance and demonstrate how it may be used to calculate GFR”

Renal clearance is the volume of plasma completely cleared of a substance per unit time

clearance = (urine concentration)volume/plasma concentration $C = UV/P$

GFR = clearance if the substance is not reabsorbed along the tubule

inulin is a plant polysaccharide and is most accurate but problematic due to steady state requirements

serum creatinine may be used as an alternative

most accurate to collect urine and use the above formula to assess creatinine clearance

because serum creatinine it is at steady state, eGFR can be calculated by Cockroff-Gault